



Polisi Haul Sun Protection Policy

YSGOL GYMRAEG HENLLAN

Name of school	Ysgol Gymraeg Henllan
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Web link to policy	

Areas in yellow are based on national guidance. Schools should read and edit to reflect their own implementation of sun protection practice.

To be completed by the school:

Name of policy	Sun Protection Policy
Policy version number	01
Date Policy formally approved by Governing Body	July 2022
Date Policy becomes effective	July 2022
Review Date	July 2025
Signed (head teacher)	Lynne Jones
Signed (chair of governing body)	
Information about this policy is available to parents/carers	On website

To be completed by Denbighshire Education and Children's Services:

Policy developed by	Suzie Lockhead
Date adopted by Education and Children Services JMT	
Original policy date issued to Denbighshire schools	
Version number and date	Version 1, 19/02/2019
Version developed by	Paula Roberts
Review date	
Well-being assessment completed and date	

1. Aim of this policy

- 1.1 This policy aims to protect pupils and staff from this risks associated with exposure to the sun during the summer months.

2. Development of the policy

- 2.1 The policy is based on the 2016 National Institute for Health and Care Excellence guidance (NICE) and Cancer Research UK (CRUK) guidelines, and uses SunSmart as its template, the national skin cancer prevention campaign run by CRUK.
- 2.2 As part of a consultation process, feedback was sought from schools, Education and Children's Services Officers, health professionals, Public Health Wales and Unions.

3. Implementation – PROTECTION

We will provide an environment that enables pupils and staff to stay safe in the sun.

3.1 Time-tabling

In the summer term:

- 3.1.1 Outdoor activities will be scheduled between 9am and 11am where possible.
- 3.1.2 School Sports day or outdoor schools events will be held with canopies providing shade for pupils.
- 3.1.3 If outdoors between 11am and 3pm:
 - a. A risk assessment will be completed
 - b. Shade for all children will be provided and its use encouraged;
 - c. Appropriate clothing will be necessary, i.e. a hat that covers the face, neck and ears as a minimum even on cloudy/overcast days; and
 - d. Re-application of sunscreen will be prompted 20 minutes before going outdoors.

3.2 Shade

- 3.2.1 An annual shade audit of the school grounds will take place, to address poor shade areas, and measures put in place to ensure shade for all children outdoors (e.g. pop up shade structures might be purchased).

In the summer term:

- 3.2.2 All children outdoors between the hours of 11am and 3pm will have shade sufficient that they may all play in the shade.
- 3.2.3 Staff will encourage children to play in the shade if outside between 11am and 3pm.
- 3.2.4 Seating areas and play areas will be placed in shade.

3.3 Clothing

In the summer term:

- 3.3.1 All children will be advised to wear hats that protect their face, neck and ears (wide-brimmed, legionnaire or bucket) as part of their Summer school uniform when outside.
- 3.3.2 Children will be encouraged to wear sunglasses when outside in the summer term (if made available by parents/carers).

3.4 Sunscreen

In the summer term:

- 3.4.1 All children will be required to bring sunscreen to school.
- 3.4.2 Parents/carers will receive information on type of sunscreen and it's application, along with advice to apply to their child before coming to school.
- 3.4.3 As a minimum, all children will be prompted and supervised **once** in re-applying their sun screen: before lunchtime 20 minutes before going outdoors.

4. Implementation - EDUCATION AND ROLE MODELLING

Learning about sun safety to increase knowledge and influence behaviour.

- 4.1.1 All pupils will have a minimum of one sun safety lesson per year at the start of the summer term. (FREE visits to schools are available from Tenovus).
- 4.1.2 All staff will be made aware of the sun protection policy in a staff meeting and the importance of implementing all measures.
- 4.1.3 All staff supervising application of sunscreen will be made aware of how it is applied and the amounts needed to be effective.
- 4.1.4 Sun smart behaviour will be regularly reinforced and promoted to the whole school community through school assemblies, school website, newsletters, staff and parent meetings and new staff orientation.
- 4.1.5 As part of occupational health and safety, and role-modelling, staff will be encouraged to wear a sun protective hat, covering clothing, sunglasses, to seek shade whenever possible and to apply sunscreen.

5. Implementation – COLLABORATION

Working with parents/carers, governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

In the summer term:

- 5.1.1 We will ensure parents/carers are made aware of the sun protection policy at the start of every summer term. We will send our standard letter, [appendix 1](#).
- 5.1.2 We will encourage parents/carers to inform us of sunburn thought to have been sustained at school so that we can monitor the effectiveness of our sun protection policy. We will also make record of children arriving at school with sunburn.
- 5.1.3 We will try and raise money for shade structures around the school.

5.1.4 An opportunity for parents/carers, governors and staff will be made available annually to feedback any concerns or difficulties with the implementation of this policy, to review and update the policy for the following summer, and to monitor its effectiveness.

6. Review

6.1 We will review this policy annually and will consider any changes in national guidance and any advice made available to us from Denbighshire County Council.

Dear parent/carer,

Re: sun protection Policy

Now the summer term is approaching, we wanted to let you know about our sun protection policy. It is based on SunSmart, the national skin cancer prevention campaign run by Cancer Research UK. These are the SunSmart skin cancer prevention messages:

- S** Stay in the shade between 11am and 3pm
- M** Make sure you never burn
- A** Always cover up with t-shirt, hat and sunglasses
- R** Remember to take extra care with children
- T** Then use at least factor 15+ sunscreen

The sun's rays are particularly strong over the summer and they can damage children's skin. Sadly this can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Dedicate time to teach children about sun protection
- Provide shade in the playground
- Make a hat that covers face, neck and ears a compulsory component of the summer school uniform
- Provide sufficient shade during Sports day outside of the hours of 11am -3pm.
- Sun cream application will be supervised by a member of staff once a day 20 before lunchtime.

More information about Sunsmart, and the evidence behind the guidelines can be found at www.sunsmart.org.uk

Your support is important and you can help us by:

- Talking to your child about the importance of sun protection
- Sending your child to school with a hat that protects the face, neck and ears and UV protective sunglasses.
- Applying sunscreen to your child before school, and sending to school a bottle of sunscreen labelled with their name.
- Reporting to school any sunburn that you think may have been sustained at school or at home to help us improve and to monitor effectiveness of our sun protection policy.

Suns

- Sunscreen should **not** be used as an alternative to clothing and shade. It should be thought of as the last line of defence, and applied to the parts of the body that can't be covered.

Appendix 2: SunSmart Protection Policy Checklist (to be implemented in the summer term)

Where policy measures have not been achieved, reasons for not achieving along with any other comments and feedback will be discussed at the annual policy review hence the importance of completing these sections in full.

PROTECTION	Achieved	Reasons not achieved	Other comments/ feedback/evidence
Time-tabling in the SUMMER TERM			
Outdoor activities scheduled between 9am and 11am where possible			
School sports day or outdoor school events held outside of the hours 11am and 3pm or in the shade			
Morning break extended and lunchtime break shortened			
If outdoors between 11am and 3pm: <ul style="list-style-type: none"> ● Risk assessments are completed and reasons provided for not being able to schedule at any other time ● Shade for all children is provided/use encouraged ● Appropriate clothing is worn including a hat that covers the face, neck and ears as a minimum (even on cloudy/overcast days) ● Re-application of sunscreen is prompted 20 minutes before going outdoors 			
If outdoors between 11am and 3pm (excluding breaks and lunchtime), completion of a sun protection risk assessment and reason provided for not being able to schedule at any other time			
PROTECTION	Achieved	Reasons not achieved	Other comments/ feedback/evidence
Shade in the SUMMER TERM			
Annual shade audit			
All children outdoors between 11am and 3pm will have shade sufficient that they may play in the shade			
Staff encourage children to play in the shade if outdoors between 11am - 3pm			
Seating areas and play areas are in the shade			

PROTECTION Clothing in the SUMMER TERM	Achieved	Reasons not achieved	Other comments/feedback/ evidence
All children are required to wear hats that protect their face, neck and ears as part of their summer school uniform when outdoors (e.g. wide brimmed, legionnaire or bucket hats)			
School has a supply of spare hats available for those without			
Children encouraged to wear sunglasses when outdoors if made available by their parents/carers			
Aiming for loose, long-sleeve, close weave polo shirts as part of future summer uniform			
PROTECTION Sunscreen in the SUMMER TERM	Achieved	Reasons not achieved	Other comments/ feedback/evidence
All children required to bring their own sunscreen to school			
Parents/carers receive information on the types of sunscreen and are asked to apply to their child(ren) before coming to school			
As a minimum all pupils are prompted and supervised once in re-applying their sun screen. For example before lunchtime 20 minutes before going outdoors.			
EDUCATION	Achieved	Reasons not achieved	Other comments/ feedback/evidence
All pupils have a minimum of one sun safety lesson at the start of the Summer term (e.g. Tenovus provide free visits)			
All staff aware of the Sun Protection policy (e.g. staff meeting)			
All staff supervising sunscreen application are aware of how it is applied and the amounts needed to be effective			
Sunsmart behaviour regularly reinforced and promoted to whole school community (e.g. newsletters, website, assemblies)			
Staff encouraged to wear hats, covering clothing, sunglasses, seek shade when possible, and apply sunscreen			
COLLABORATION	Achieved	Not achieved	Other comments/ feedback/evidence

Parents/carers made aware of sun protection policy at start of summer term (e.g. letter)			
Parents/carers encouraged to report sunburn thought to have been sustained whilst at school or at home			
Fundraising for shade structures/ spare hats/ more appropriate summer school uniform			
Opportunity for parents/carers, governors and staff made available annually to feedback any concerns or difficulties with the implementation of this policy			